



March 2021 Lifeguard Certification Class

Covid Disclaimer: At no time will Positively Pools put our lifeguards in harm's way of possible virus exposure or in conflict with government restrictions and recommendations. If you have had any symptoms of the COVID-19 virus in the last 10 days: ***Fever over 100.4 – Cough - Shortness of Breath - Difficulty Breathing – Chills - Muscle Pain - Sore Throat - Loss of Taste/Smell*** or if you have been around someone who has had these symptoms in the last 10 days, you cannot come to class. There are 15 spots available. 15 is the number we can safely fit into our classroom for social distance as well as the pool and deck for swimming competency and drills. Mask will be required to be worn in classroom. Reserve your spot with a deposit or payment in full.

What: Lifeguard/First Aid with CPR/AED Certification.

When: Saturday, March 13 11:00 a.m. – 8:00 p.m.
Sunday, March 14 11:00 a.m. – 8:00 p.m.
Saturday, March 20 11:00 a.m. – 8:00 p.m.

Students must attend ALL CLASSES

Each class will break for Lunch (Bring a lunch or have own transportation to go buy lunch)
Make up Dates/Times available on individual basis with instructor.

Where: 2800 Quinbery Drive Snellville GA 30039 (Quinn Ridge Community Pool) Traveling Hwy 78 from Stone Mountain to Snellville, turn right at Killian Hill red light- Bethany Church Road. Drive approximately 2 miles past Shiloh High School. Turn Left onto Quinbery Drive. The neighborhood (and Quinbery Drive) is directly across from the new Centerville Library. Follow the road until it dead ends into the pool and clubhouse.

Cost: \$225 **OR** \$75 deposit. Remaining balance deducted from paychecks. Inquire for details.

Details: The American Red Cross Lifeguard Training Program is designed to train participants to be safe and effective professional lifeguards. This course includes community First Aid and Safety (C.F.A.S.), Lifeguard Training (L.G.T.), and Cardio-Pulmonary Resuscitation for the Professional Rescuer. All three of these certifications are necessary for completion of the Lifeguard Training program. This course will show the participant how to recognize and effectively handle situations that arise while lifeguarding.

Requirements:

- (1) Minimum age: 15 years
- (2) Swim 300 yards continuously using either front crawl or breaststroke
- (3) Tread water for 2 minutes.
- (4) Starting in the water, swim 20 yards using front crawl or breaststroke, surface dive to depth of 7-10 feet, retrieve a 10 pound brick off the bottom of the pool, return to the surface, swim 20 yards back to the starting point with the object and exit the water without using a ladder or step, within 1 minute and 40 seconds.

Confirmation: A confirmation phone call will be made to all applicants securing their spot in the class. No class spot will be held without payment in full or deposit. Certificate will be held until paid in full. *No Refunds after swimming test.*

If you have any questions, please call 770- 972-3111 or email kelseywommack@positivelypools.com
Send the lower portion of this application with payment. Make checks payable to **Positively Pools, Inc.** Visa/Mastercard accepted

Name _____ D.O.B. ____ / ____ / ____ Phone _____

Address _____ Email _____

In Case of Emergency _____ Phone _____ Email _____

This is for Lifeguard/First Aid with CPR/AED Classes ___ \$225.00 OR \$75 Deposit ___